



## Pumpkin Applesauce

Servings: approximately 5 servings

Time: 5 minutes

Ingredients	Cost per Ingredients	Cost per Recipe	Cost per Serving
1 15 oz can pumpkin puree	\$2.62 per 15oz can	\$2.62	\$0.52
1 23 oz jar unsweetened applesauce	\$2.54 per 23 oz jar	\$2.54	\$0.51
1 tbsp pumpkin pie spice*	\$1.94 per 2 oz container	\$0.19	\$0.04
<b>Total</b>	<b>\$7.10</b>	<b>\$5.35</b>	<b>\$1.07</b>

Based on Walmart pricing 11/22

***\*To make own  
pumpkin pie spice***

*½ tbsp ground  
nutmeg*

*½ tbsp ground  
cinnamon*

*Dash of ground clove*

### **Directions**

1. Add pumpkin puree, apple sauce, and pumpkin pie spice to a bowl
2. Mix ingredients
3. Serve and enjoy!

