

No-Bake Peanut Butter & Chocolate Bites

24 Servings
Serving Size: 2 bites

Ingredients:

- ¼ cup Swerve® Granular (Erythritol sugar replacement)
- ¾ cup Peanut Butter
- 2 cup Old-Fashioned Rolled Oats
- 1/3 cup Skim Milk
- 1 tsp Vanilla Extract
- 3 Tbsp Mini-Chocolate Chips

Directions:

1. In a small saucepan, combine Swerve® and milk over medium heat. Stir well and bring to a boil for 1.5 minutes.
2. Stir in peanut butter and vanilla.
3. Remove from heat and add remaining ingredients; stir to incorporate.
4. Scoop oat mixture into 1 tbsp balls and place on waxed paper.
5. Let cool and refrigerate.

Nutrition Facts:

- Calories: 75
- Total Fat: 4 g
- Saturated Fat: 1 g
- Cholesterol: 0 mg
- Sodium: 30 mg
- Total Carbohydrate: 9 g
- Dietary Fiber: 1 g
- Total Sugars 4 g
- Protein: 2 g
- Potassium: 65 mg

