

Guacamole

Makes 4 servings

Ingredients:

- 1 ripe avocado
- 1 Tbsp. fresh lemon juice
- ¼ tsp salt
- 2 scallions, minced
- 4 cherry tomatoes, finely chopped

Directions

Cut the avocado in half, remove the seed, and scoop the flesh into a shallow bowl. Add the remaining ingredients and mash with a fork until well blended.

Use this classic dip as a spread on toast or in wraps. Leftovers will keep for two days, tightly covered, in the refrigerator. To spice it up a bit, add hot peppers or smoked paprika to taste.

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