



# Clarion Hospital

COMMUNITY HEALTH NEEDS ASSESSMENT 2018

EXECUTIVE SUMMARY

## **METHODOLOGY**

Clarion Hospital is an 'at risk', not for profit, community hospital serving poor, rural, Appalachian mountainous counties whose mission is to serve the rural communities within it's service area. In 2018, the hospital conducted

the Community Health Needs Assessment to assess and address the health issues that impact those living in our communities.

The 2018 Community Health Needs Assessment was completed in February through May 2018 and approved by the hospital board in June, 2018 through the following:

1. Evaluation of the 2015 CHNA Implementation Strategies
2. Demographics & Socioeconomic Indicators
3. Asset/Resource Inventory
4. Primary & Secondary Data including:
  - a. Access to quality health care
  - b. Chronic disease
  - c. Healthy Environment
  - d. Healthy Mothers, Babies and Children
  - e. Infectious disease
  - f. Mental Health & Substance Abuse
  - g. Physical Activity & Nutrition
  - h. Tobacco Use
  - i. Injury

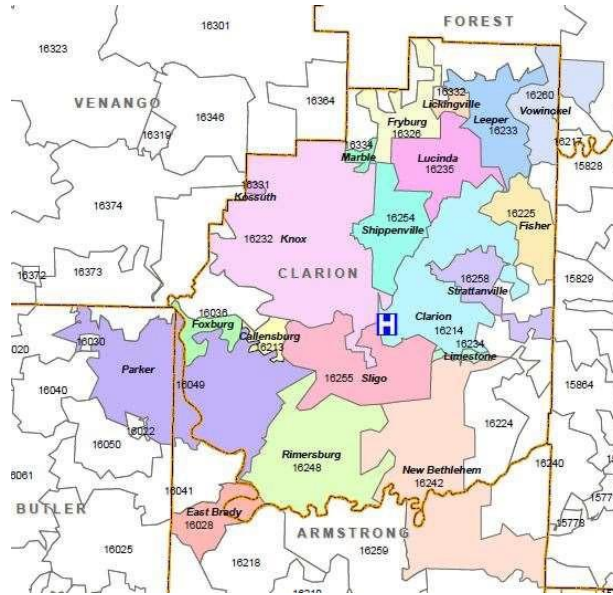
**The CHNA report can be found at:**

[https://clarionhospital.org/community\\_education\\_health\\_needs\\_assessment.aspx](https://clarionhospital.org/community_education_health_needs_assessment.aspx)

## **DATA COLLECTION**

214 Surveys, 4 stakeholder interviews and 5 focus groups representing:

- Senior Citizens
- Drug and Alcohol Commission
- Community Wellness and Dental Task Force
- School District Faculty and Parent Group
- University Students
- Family Practice Physician
- Pastor, Clarion Ministerium
- Mental Health, Crisis Management
- Visiting Nurses/Home Health
- YMCA



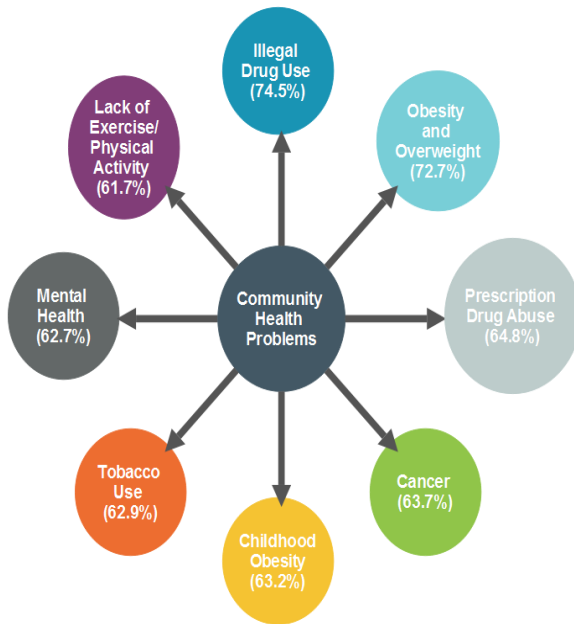
## CLARION HOSPITAL SERVICE AREA

### GENERAL FINDINGS

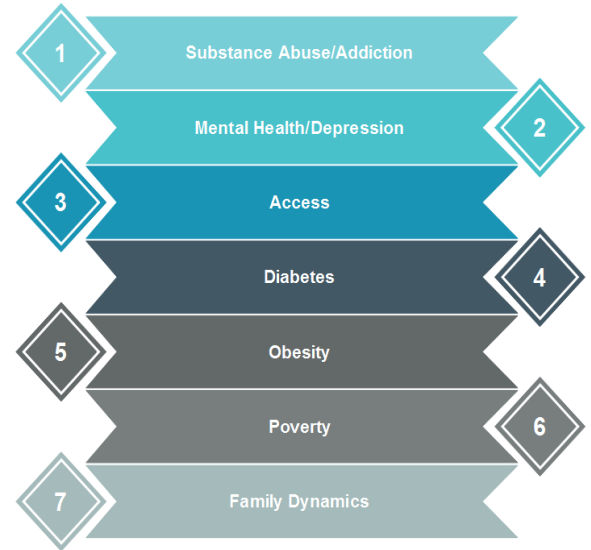
The data collection and analysis process revealed the following community health needs and issues. The hospital steering committee evaluated these issues based on: accountable role (should the hospital or a community take the lead on this?), magnitude of the problem, impact on other health outcomes, and capacity to implement solutions.

Substance Abuse/Addiction	Access/Transportation
Obesity and Overweight (Childhood and Adult)	Poverty/Socioeconomics/Employment
Cancer	Community Resources/Awareness/Education
Mental Health Issues	Heart Disease
Lack of Physical Activity/Exercise	Child Abuse/Neglect
Tobacco	Lack of Providers/Specialists
Diabetes	

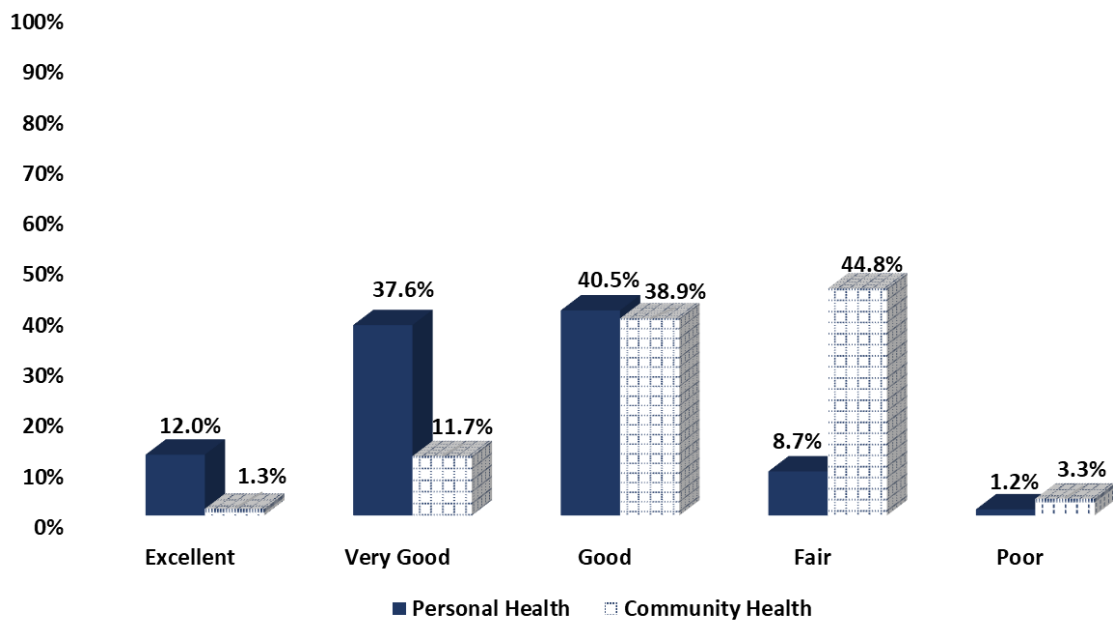
## COMMUNITY HEALTH PROBLEMS SURVEY RESULTS



## FOCUS GROUP HEALTH NEEDS RESULTS



## COMMUNITY HEALTH STATUS



## IMPLEMENTATION STRATEGIES

### Goal 1: Implement physical activity and nutrition programs/education to address obesity epidemic

- Continue the Clarion Hospital workplace wellness program “Health Wise”
- Expand “Health Wise @ Work” wellness program to additional businesses and industries
- Offer wellness events and physician outreach programs
- Conduct bi-annual multi-phasic blood screening program
- Continue to offer Teddy Bear clinic with nutrition and physical activity curriculum to area elementary schools
- Continue to participate in community health fairs
- Maintain support of bi-annual Senior Wellness events and annual Women’s Expo
- Improve chronic care management and decrease readmissions
- Continue birthing and breastfeeding classes
- Collaborate with Clarion County YMCA, Clarion University interns, and Primary Health Network to resume physical activity and nutrition outreach programs for school aged children
- Stimulate parent/guardian involvement and education in the areas of nutrition, fitness, and healthy living
- Partner with the YMCA on obesity prevention and management programs for all ages

### Goal 2: Improve diabetes care management

- Continue annual Diabetes Health Fair
- Maintain monthly diabetes education classes/support groups
- Continue individual patient appointments to offer education and monitoring
- Maintain participation in Total Care on-line program offering telehealth services through physician offices
- Promote and offer “CDL Renewal” diabetes classes to area workers
- Offer education and services at Senior Wellness event
- Implement diabetes education for Health Wise @ Work participating companies
- Continue participation in HRSA Diabetes Grant with Butler Hospital
- Increase marketing strategies for specialty services

### Goal 3: Improve and expand substance abuse and behavioral health programs

- Expand and continue existing ARMOT program by providing education to new and existing physicians and staff
- Work cooperatively with the Drug & Alcohol Commission by having a hospital representative attend the Overdose Task Force and ARMOT meetings as well as participate in the Drug Free Coalition
- Increase the number of referrals from the hospital ER to the ARMOT program
- Establish collaboration between EMS, first responders, and Overdose Task Force to obtain necessary data from the ER and EMS regarding non-fatal overdoses
- Partner with the Drug & Alcohol Commission to offer age-appropriate curriculum for school-aged children in the hospital service area through outreach programs
- Continue semi-annual meetings between the hospital social worker and social service agencies to discuss behavioral health topics, services, and programs
- Promote existing and initiate new behavioral health support groups through collaboration with other social service organizations and agencies

## **Existing Community Assets and Resources**

### **Goal 1: Implement physical activity and nutrition/education programs to address obesity epidemic**

- Clarion County YMCA
- Local Employers/Business and Industry
- Clarion Rotary
- Area School Districts
- Clarion Forest Visiting Nurse Association and Hospice
- Senior Wellness Council
- Clarion University
- Primary Health Network
- Local Churches and Community Groups
- Highmark Health Plan
- Clarion Hospital

### **Goal 2: Improve diabetes care management**

- American Diabetes Association
- Butler Health System
- Local Employers/Business and Industry
- Clarion Forest Visiting Nurse Association and Hospice
- Senior Wellness Council
- Clarion County YMCA
- Local Physicians
- Highmark Health Plan
- Clarion Hospital

### **Goal 3: Improve and expand substance abuse and behavioral health programs**

- Area Social Service Organizations
- Armstrong Indiana Clarion Drug and Alcohol Commission
- Area Mental Health Providers
- Clarion Forest Visiting Nurse Association and Hospice
- Senior Wellness Council
- Local Physicians
- Highmark Health Plan
- Clarion Hospital