

Clarion Hospital Community Health Needs Assessment 2018



ACKNOWLEDGEMENTS

The Clarion Hospital Community Health Needs Assessment (CHNA) was made possible through the generous support of staff within our hospital, key leaders from the community and Strategy Solutions, Inc.(SSI). Representatives from the hospital and community worked collaboratively to guide and conduct this assessment. SSI assisted the committee with survey data collection and analysis. A steering committee made up of senior representatives of the hospital, as well as representatives from local health departments, leading health and social service organizations and county government provided additional input. The combined expertise, knowledge and commitment of the members of these committees and SSI was unmatched in the fruition of this project. This group deserves special recognition for their tireless oversight and support of the CHNA process.

During this CHNA project, individuals were interviewed by representatives from the hospital including clinical staff from the hospitals, representatives from health and social service agencies, public health officers, school district personnel, clergy, and other public and elected officials. A community survey was also conducted with 214 completed surveys. Finally information was gathered by the project team through a series of five focus groups. These information-gathering efforts allowed the project team and steering committees to gain a better understanding of the health status, health care needs, service gaps and barriers to care of those living in the counties of Armstrong, Clarion, Forest, Jefferson and Venango. The project team would like to thank all of the people who were involved in this project, particularly those who participated in interviews, survey efforts, focus groups and information gathering.

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Clarion Hospital is proud to present its 2018 Community Health Needs Assessment (CHNA) Report. This report summarizes a comprehensive review and analysis of health status indicators, public health, socioeconomic, demographic and other qualitative and quantitative data from the primary service area of Clarion Hospital.

The data was reviewed and analyzed to determine the top priority needs and issues facing the region overall, and each individual hospital service area.

The primary purpose of this assessment was to identify the health needs and issues of the community defined as the primary service area of the hospital. In addition, the CHNA provides useful information for public health and health care providers, policy makers, social service agencies, community groups and organizations, religious institutions, businesses, and consumers who are interested in improving the health status of the community and region. The results enable the hospital, as well as other community providers, to more strategically identify community health priorities, develop interventions and commit resources to improve the health status of the region.

The full report is also offered as a resource to individuals and groups interested in using the information to inform better health care and community agency decision making.

Individually and collectively, improving the health of the community and region is a top priority for Clarion Hospital. Beyond the education, patient care and program interventions provided by the hospital, we hope the information presented is not only a useful community resource, but also encourages additional activities and collaborative efforts that improve the health status of the community.



The 2018 Clarion Hospital Community Health Needs Assessment (CHNA) was conducted to identify significant health issues and needs, as well as to provide critical information to Clarion Hospital and others in a position to make a positive impact on the health of the region's residents. The results enable the hospital and other community partners to more strategically establish priorities, develop interventions and direct resources to improve the health of people living in the Clarion Hospital service area.

To assist with the CHNA process, Clarion Hospital retained Strategy Solutions, Inc., a planning and research firm, whose mission is to create healthy communities, to assist in the collaborative study. The assessment followed best practices as outlined by the Association of Community Health Improvement. The assessment was also designed to ensure compliance with current Internal Revenue Service (IRS) guidelines for charitable 501(c)(3) tax-exempt hospitals that was published in December 2014. This CHNA included a detailed examination of the following areas:

- Evaluation of the 2015 Clarion Hospital CHNA Implementation Strategies
- Demographics & Socio-Economic Indicators
- Access to Quality Health Care
- Chronic Disease
- Healthy Environment
- Healthy Mothers, Babies and Children
- Infectious Disease
- Mental Health and Substance Abuse
- Physical Activity and Nutrition
- Tobacco Use
- Injury

Secondary public health data on disease incidence and mortality, as well as behavioral risk factors, were gathered from the County Health Rankings. Data was collected primarily for Clarion County and the hospital service area, although some selected national data is included where local/regional data was not available. Demographic data were collected from the Nielsen/Claritas demographic database. Primary qualitative data collected specifically for this assessment included in-depth interviews with individuals from different consistencies and interest groups with 4 stakeholders specifically representing the needs of the Clarion Hospital service area. Data were also collected from five focus groups representing a cross section of the community and service area of Clarion Hospital. A community survey was conducted with 214 responses from the services area. In addition to gathering input from stakeholder interviews, input and guidance also came from hospital and community representatives who served on the Clarion Hospital Steering Committee.

After all primary and secondary data were reviewed and analyzed; the data suggested a total of 13 distinct issues, needs and possible priority areas for intervention. The Steering Committee prioritized and discussed the significant needs of the area overall which included Substance Abuse/Addiction, Obesity and Overweight (Childhood and Adult), Cancer, Mental Health Issues, Lack of Physical Activity/Exercise, Tobacco, Diabetes, Access/Transportation, Poverty/Socioeconomics/Employment, Community Resources/Awareness/Education, Heart Disease, Child Abuse/Neglect, Lack of Providers/Specialists. The Clarion Hospital Steering Committee analyzed the needs further and ultimately selected the following most significant priority needs based on the magnitude, impact and capacity criteria:

1. Substance Abuse/Behavioral Health
2. Obesity/Physical Activity/Nutrition
3. Diabetes

The Clarion Hospital Steering Committee also agreed that the school districts need to be more involved with the needs of the community regarding diabetes and obesity, especially utilizing the YMCA and Primary Health Network to combat childhood obesity through implementation of school outreach programs.

The implementation strategies selected by the hospital will address the most significant needs through a variety of implementation strategies and is published in a separate document.

METHODOLOGY

To guide this assessment, each hospital leadership team formed a Steering Committee in their local service area that consisted of hospital and community leaders who represented the broad interests of their local region. These included representatives who understood the needs and issues related to various underrepresented groups including medically underserved populations, low-income persons, minority groups, and those with chronic disease needs, individuals with expertise in public health, and internal program managers. The Clarion Hospital Steering Committee met five times between February 2018 and June 2018 to provide guidance on the various components of the CHNA.

Service Area Definition

Consistent with IRS guidelines at the time of data collection, the project partners defined the community by geographic location based on the primary service area of the hospital. More specifically, the geography of the Clarion Hospital service area includes Clarion County, as well as portions of other contiguous counties as illustrated in Figure 1.

Asset Assessment

The hospital staff and steering committee identified existing health care facilities and resources within their primary service area available to respond to the significant health needs of the community. Resource directories currently utilized by the hospital case management and social service departments were compiled. The information included in the asset inventory and map include a listing of aging services, alcohol/drug abuse/prevention education, children and youth services, clothing, counseling/support, education/educational information, employment training/counseling, food, fuel/utilities, health/medical care/educational information, housing/shelter, mental health/developmental disabilities, money/income, pregnancy services, protective services, recreation/socialization, transportation, and veteran's services.

Qualitative and Quantitative Data Collection

In an effort to examine the health related needs of the residents of the county wide service area and to meet current IRS guidelines and requirements, the methodology employed both qualitative and quantitative data collection and analysis methods. The staff and Steering Committee members made efforts to include the entire primary service territory, all socio-demographic groups and all potential needs, issues and underrepresented populations were considered in the assessment to the extent possible given the resource constraints of the project. This was accomplished by identifying focus groups and key stakeholders that represented various subgroups in the community.

The secondary quantitative data collection process included health and health related data obtained from the County Health Rankings (www.countyhealthrankings.org). The data presented are the most recent published at the time of the data collection.

The primary data collection process also included conducting a community survey during March 2018, utilizing a mixed-methodology convenience sample, with data collection completed via paper and the Internet. The Steering Committee distributed the survey link via e-mail to local residents on their individual mailing lists and distributed paper surveys in selected locations around the community. A total of 214 surveys from the Clarion Hospital service area were completed.

The primary data collection process included qualitative data from four stakeholder interviews and five focus groups conducted during March of 2018 by staff members of Clarion Hospital. Stakeholders interviewed included individuals with expertise in the following disciplines and/or organizational affiliations:

- Hospitalist/Family Practice Physician
- Mental Health Services/Center for Community Resources
- Clarion County YMCA
- Clarion-Forest Visiting Nurse Association
- Clarion Ministerium

Focus groups were conducted with five different groups in March and April 2018 representing the following groups as seen in Table 1:

Table 1: Focus Groups Conducted

Date Conducted	Group	Total # Participants	Hospital Area Represented
November 17, 2017	Senior Wellness Event	205	Clarion
February 23, 2018	Drug & Alcohol Coalition	25	Clarion
March 15, 2018	Community Wellness and Dental Task Force	7	Clarion
March 20, 2018	Clarion Elementary Parents and Faculty	8	Clarion
March 26, 2018	Clarion University Students	28	Clarion

Interviews and focus groups captured personal perspectives from community members, providers, and leaders with insight and expertise into the health of a specific population group or issue, a specific community or the county overall.

Needs/Issues Prioritization Process

On April 19, 2018, the Steering Committee met to review the primary and secondary data collected through the needs assessment process and discussed needs and issues present in the local service territory. Bridget Thornton, the project leader from Clarion Hospital presented the data to the Clarion Hospital Steering Committee and discussed the needs of the local area, what Clarion Hospital and other providers are currently offering the community, and discussed other potential needs that were not reflected in the data collected. Fifteen members of the Steering Committee participated in prioritizing the health issues that were prevalent. A total of 13 possible needs were identified, based on disparities in the data (differences in sub-populations, comparison to county and state data, negative trends, or growing incidence). Four criteria, including accountable role, magnitude of the problem, impact on other health outcomes, and capacity (systems and resources to implement evidence based solutions), were identified that the group would use to evaluate identified needs and issues. On May 17, 2018, the committee met again to review the prioritization process and the significant needs for the local area, and to discuss whether the hospital would be the lead agency in addressing the selected health issues.





GENERAL FINDINGS

Evaluation of the 2015 Clarion Hospital CHNA Implementation Strategies

In March 2018, Clarion Hospital conducted a 3-year evaluation of its CHNA implementation strategies from the 2015 assessment.

The 2015 Clarion CHNA identified 3 goals that included increasing physical activity through the workplace and other wellness/preventions strategies, educating school-aged children to reduce childhood obesity, and improving diabetes care management. Within the short time frame, it is impossible to determine if the implementation strategies impacted any of the county-wide indicators. However, great strides were made in continuing to expand the workplace wellness program both at the hospital and around the community. While the Fun & Fit Club with the YMCA did not get off the ground, the hospital continued to expand its Teddy Bear Clinic to additional schools to reach more children and added the fitness and nutrition curriculum to address the obesity epidemic. The third goal, improving diabetes care management, saw great strides with new diabetes management classes, increased numbers within those classes, improved patient engagement in the HRSA Diabetes Grant, and notable changes in the clinical numbers of diabetic patients engaged through Clarion Hospital.

Short term outcomes from the intervention activities to date include:

Teddy Bear Clinic:

During the 2014-2015 and 2016-2107 school years, Teddy Bear Clinics were conducted at 9 area school districts. The Clarion Hospital staff provided education to 1,257 students on the importance of healthy eating and exercise. At the end of each session, the students were asked questions pertaining to the information they had been taught. Their responses indicated learning had taken place regarding proper food and exercise choices in relation to their health.

Senior Wellness Expo:

The Senior Wellness Expo attracted a total of 720 participants during the years of 2015-2016 and 2016-2017. The goal of this event is to provide seniors with education and awareness into topics that pertain to their age group. In addition, the expo provides socialization, entertainment and a nutritious meal to the attendees. The hospital staff has been involved with the planning of these events, and many have made presentations on health related topics. These have included: diabetes nutrition, senior exercise and fitness, sleep quality, bone strength, healthy cooking, MRSA, emergency medicine signs and symptoms, POLST, cancer prevention and treatment, depression/anxiety, grief and loss, and intimacy for seniors. At the end of the event, the seniors are asked to complete a survey which includes a question about the usefulness of the education provided. Sixty-nine percent of the 131 people who responded to the survey rated the information as “Very useful” or “Somewhat useful”.

Diabetes Education:

Lead by the diabetes educator and registered dietician at Clarion Hospital, the diabetes education component of Clarion Hospital has expanded greatly over the last 3 years through individual counseling, classes/support groups, continuous glucose monitoring, health fairs, and the Diabetes Total Care grant funded program through Butler Hospital. The Diabetes Health Fair averages 100 participants each year, while the classes have expanded from quarterly to monthly in 2017-2018. The class and individual sessions grew from 10 participants during 2015-2016 to 202 participants in 2016-2017. Furthermore, A1C values were statistically significant in the 2017 Diabetes Total Care report, showing numbers dropping from 9.03 to 7.28 in “regular diabetic patients” and 9.97 to 8.56 in “high risk patients”.

Health Wise Employee Wellness Program:

Under the direction of Bridget Thornton, Clarion Hospital’s employee wellness program has continued to engage increasing numbers of employees through its classes, programs and other events. In 2016-2017, fitness classes averaged 72 participants per month while the Lunch and Learn events saw an average of 20 participants bimonthly. The new employee fitness room averaged 3 visits per month and approximately 12 people engaged in the monthly Health Wise punch card program. In addition, 120 employees took part in the annual biometric screening event and close to 400 people joined the Biggest Loser challenges losing over 1,000 pounds as a hospital. The 10,000 Step a Day program engaged 82 employees achieving a total of 17,319,594 steps in 8 weeks. Other nutritional programs offered such as “Color Your Plate”, “Drop 10 in 10”, “Maintain Don’t Gain”, and “Eat Well for Life” averaged 25 participants.

The “Health Wise @ Work” program, under the umbrella of Health Wise, was a newly developed corporate wellness program in 2017. By promoting improved health and productivity, this initiative engages the business and industry sector of the community. In 2017, the hospital worked with 4 companies and had 189 participants in the Health Wise @ Work program.

Multiphasic Blood Screening, Health Fairs, Women's Expo:

The biannual Multiphasic Blood Screening event at Clarion Hospital reached a great number of people in the community with 1,638 people participating over a 2 year time period (2016-2017). The hospital partners with the Clarion Rotary to put on this event that offers community members an opportunity to receive a blood screening at minimal cost while sharing the results with their family physicians for follow-up care.

The hospital also participated in various health fairs within its services area, reaching 870 people with the screenings they offered such as blood pressure, blood glucose and cholesterol. Furthermore, they provide the attendees with educational/awareness information on the various health and wellness services Clarion Hospital has available.

The Women's Expo is an annual event sponsored by the hospital to offer health and wellness education and services to the female population in the community. At the 2 events in 2016 and 2017, 179 women took part in this program.

Demographics

For purposes of this assessment, the service area geography includes selected zip codes from Clarion, Armstrong, Venango, Butler and Forest Counties. The overall population of this area as of the 2010 Census was 355,491.

- The Clarion Hospital service area population has been steadily declining and is projected to continue to decline to 348,980 in 2020.
- There are slightly more females (50.3%) than males (49.7%).
- A vast majority of the residents in the service area are White (95.7%).
- One third (35.9%) of the population is between the ages of 25 and 54.
- Just under half (48.5%) of the population is married.
- (16.52%) have received an Associate Degree or higher educational attainment. (6 %) of the residents have not graduated high school.
- (9.9%) have an annual income of \$15,000 or less. (43%) have annual incomes less than \$50,000.
- Half of the population (56%) is currently employed, with (40%) not in the labor force. Very few (3.8%) residents are currently unemployed.



Asset Inventory

A list of community assets and resources that are available in the community to support residents was compiled and is mapped in Figure 3. The assets identified a listing of aging services, alcohol/drug abuse/prevention education, children and youth services, clothing, counseling/support, education/educational information, employment training/counseling, food, fuel/utilities, health/medical care/educational information, housing/shelter, mental health/developmental disabilities, money/income, pregnancy services, protective services, recreation/socialization, transportation, and veterans services.

Figure 2: Clarion Hospital Asset Map

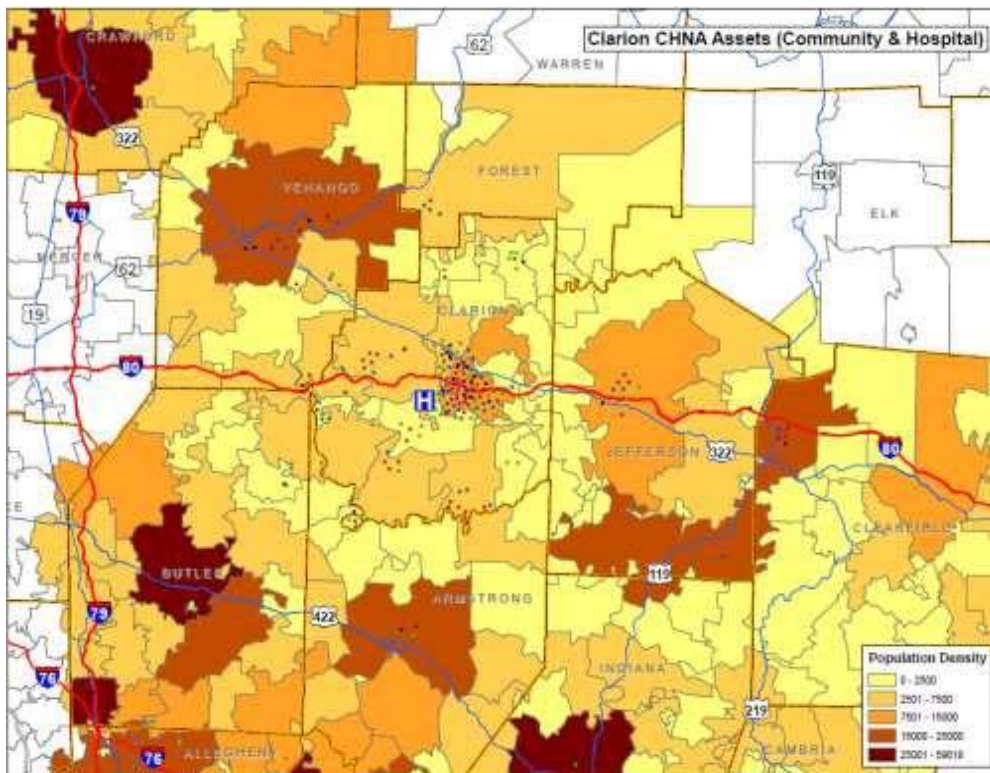
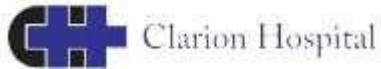


Table 2. Clarion Asset Listing

CLARION HOSPITAL ASSET LISTING - COMMUNITY				
Community Assistance	Address	City	State	Zip
AC Valley Elementary School	776 Route 58	Foxburg	PA	16036
Allegheny Hills Retirement Residence	PO Box 367 421 Brady Way	East Brady	PA	16028
Allegheny Region Chapter of American Red Cross	PO Box 370 1643 Allegheny	Reno	PA	16343
ARC Manor	30 Pinnacle Drive Suite 204	Clarion	PA	16214
The ARC of Clarion County	22 S. Second Ave.	Clarion	PA	16214
Big Brothers Big Sisters Of Venango, Forest & Clarion Counties	716 East Second Street	Oil City	PA	16301
Bridge Housing (SAFE)	1302 E Main St.	Clarion	PA	16214
Bureau Of Vocational Rehabilitation	22 S. Second Ave.	Clarion	PA	16214
Catholic Charities, Counseling And Adoption Services	90 Beaver Drive, 119D	Dubois	PA	15801
Charitable Deeds & Services	Old Bank Building Main St.	Knox	PA	16232
Clarion Area Chamber Of Business & Industry	21 N. 6th Avenue	Clarion	PA	16214
Clarion Area Ministerium	240 Liberty Street	Clarion	PA	16214
Clarion County Adult Probation/Work Release	500 Main Street	Clarion	PA	16214
Clarion Area Agency On Aging, Inc.	16 Ventura Lane	Clarion	PA	16214
Clarion County Adult Service (DHR)	12 Grant Street	Clarion	PA	16214
Clarion County Assistance Office	71 Lincoln Drive	Clarion	PA	16214
Clarion County Child & Adolescent Service System Program (CASSP)	214 South 7th Avenue	Clarion	PA	16214



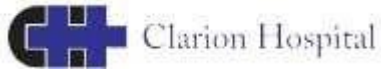
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Community Assistance	Address	City	State	Zip
Clarion County Children And Youth Service	214 South 7th Avenue, Suite B	Clarion	PA	16214
Clarion County Counseling Center Service Access Management	214 South 7th Avenue	Clarion	PA	16214
Clarion County Department Of Human Resources	330 Main Street, Room 111	Clarion	PA	16214
Clarion County Department Of Planning	330 Main Street, Room 12	Clarion	PA	16214
Clarion County Department Of Veterans Affairs	330 Main Street, Room 109	Clarion	PA	16214
Clarion County Domestic Relations	17 South 4th Avenue	Clarion	PA	16214
Clarion County Early Intervention Service Access Management	214 South 7th Avenue	Clarion	PA	16214
Clarion County Emergency Management	421 Madison Road	Clarion	PA	16214
Clarion County Homemakers	19 South Fifth Avenue	Clarion	PA	16214
Clarion County Housing Authority	Eight West Main Street	Clarion	PA	16214
Clarion County Juvenile Probation	500 Main Street	Clarion	PA	16214
Clarion County Mental Health/Developmental Disabilities Service Access Management	214 South 7th Avenue	Clarion	PA	16214
Adult Probation	500 Main Street	Clarion	PA	16214
Adult Services	12 Grant Street	Clarion	PA	16214
Aging Office	12 Grant Street	Clarion	PA	16214
Airport	395 Airport Road	Shippenville	PA	16254
Assessor	1st Floor Courthouse-Suite 20	Clarion	PA	16214

Community Assistance	Address	City	State	Zip
Auditors	3rd floor- Courthouse- Suite 39	Clarion	PA	16214
Central Accounting	330 Main Street	Clarion	PA	16214
Children And Youth	214 S 7th Avenue, Suite B	Clarion	PA	16214
Commissioner's Office	330 Main Street Second Floor- Administration Building	Clarion	PA	16214
Communication's Center (911)	421 Madison Road	Clarion	PA	16214
Coroner: Randall Stom	214 S. 7 th Ave.	Clarion	PA	16214
Counseling Center	214 S 7th Avenue	Clarion	PA	16214
Clarion County Crisis Intervention Services	214 South 7th Ave., Suite 110-112	Clarion	PA	16214
Clarion County Corrections	309 Amsler Drive Ste. 2, Shipperville	Clarion	PA	16214
County Park	41 Clarion County Park Road	Clarion	PA	16214
District Attorney	502 Liberty Street	Clarion	PA	16214
District Judges 18 3 01	6 th Ave.	Clarion	PA	16214
District Judges 18 3 02	309 Amsler Ave.	Shipperville	PA	16254
District Judges 3 03	200 Mendenhall Ave	Knox	PA	16232
District Judges 3 04	237 Broad St	New Bethlem	PA	16242
Domestic Relations	17 S 4th Avenue	Clarion	PA	16214
Drop – In Center	133-½ Main Street	Clarion	PA	16214

Community Assistance	Address	City	State	Zip
Armstrong-Indiana-Clarion Drug & Alcohol Commission	1350 E. Main Street Suite 30	Clarion	PA	16214
Early Intervention (Infant Stimulation)	214 S 7th Avenue	Clarion	PA	16214
Economic Development	Administrative Building, 1st Floor, 330 Main Street,	Clarion	PA	16214
Elections	Administrative Building, 1st Floor, Room 104, 330 Main Street	Clarion	PA	16214
Family Net	1120 East Main Street	Clarion	PA	16214
Geographic Information Systems And Mapping	330 Main Street	Clarion	PA	16214
Human Resources	Administration Building, Room 111, 330 Main Street	Clarion	PA	16214
Human Services	214 S. 7th Avenue	Clarion	PA	16214
Information Technology	Third Floor – Courthouse-Suite 35	Clarion	PA	16214
Judge’s Chambers	2nd Floor-Courthouse-Suite 34	Clarion	PA	16214
Juvenile Probation	500 Main Street	Clarion	PA	16214
Life Learning Center	214 S. 7th Avenue	Clarion	PA	16214
Maintenance / Building And Grounds	Basement-Courthouse	Clarion	PA	16214
Maintenance / Building And Grounds	Human Service Building-Old Hospital Co. Office Complex	Clarion	PA	16214
Maintenance / Building And Grounds	Administration Building	Clarion	PA	16214

Community Assistance	Address	City	State	Zip
Mental Health/Developmental Disabilities	214 S 7th Avenue	Clarion	PA	16214
Office Of Emergency Services	421 Madison Road	Clarion	PA	16214
Open Records	Administration Building 330 Main Street	Clarion	PA	16214
Planning And Dev.	Administration Building, Basement-Room 12, 330 Main Street	Clarion	PA	16214
Prothonotary	1st Floor-Courthouse-Ste. 25	Clarion	PA	16214
Public Defender	16 Grant Street	Clarion	PA	16214
Register & Recorder	1st Floor-Courthouse-Ste. 24	Clarion	PA	16214
Senior Centers	516 Main Street	Clarion	PA	16214
Senior Centers	Leeper Firehall 32787 Rt. 66	Leeper	PA	16233
Senior Centers	7363 Route 68	Rimersburg	PA	16248
Senior Centers	Community Building	St. Petersburg	PA	16054
Sheriff	Basement – Courthouse-Suite 11	Clarion	PA	16214
Tax Claim	Administrative Building, 1st Floor, 330 Main Street	Clarion	PA	16214
Clarion County Transportation	338 Amsler Drive, Suite 4	Shippenville	PA	16254
Treasurer	Administrative Building, 1st Floor, Room 110, 330 Main Street	Clarion	PA	16214

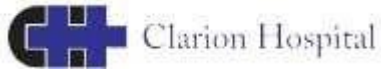


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Community Assistance	Address	City	State	Zip
Veteran's Affairs	Administrative Building, 1st Floor, Room 109 330 Main Street,	Clarion	PA	16214
Voter Registration	Administrative Building, 1st Floor, Room 103 330 Main Street,	Clarion	PA	16214
Clarion County Salvation Army-Clarion Service Area		Clarion	PA	16214
Clarion County Salvation Army-East Brady Service Area		East Brady	PA	16028
Clarion County Salvation Army-Shippenville Service Area		Shippenville	PA	16254
Clarion County Salvation Army-Knox Service Area		Knox	PA	16232
Clarion County Salvation Army-New Bethlehem/Sligo/Rimersburg Service Area		New Bethlehem/Sligo/Rimersburg	PA	16242, 16255, 16248
Clarion County's Promise, Inc.	1120 E. Main Street	Clarion	PA	16214
Clarion Life Skills Rehabilitation Program	389 Brownies Road	Shippenville	PA	16254
Clarion Vocational Services	214 South 7th Avenue	Clarion	PA	16214
Community Action Agency	30A Sheridan Drive (Behind Agway)	Clarion	PA	16214
Community Action, Inc. Transitional Housing	Community Action, Inc. (behind Agway) 30A Sheridan Drive	Clarion	PA	16214
Community Resources For Independence (CRI)	1200 Eastwood Drive	Clarion	PA	16214

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Community Assistance	Address	City	State	Zip
Court Of Common Pleas	2ND Floor of Courthouse 421 Main Street	Clarion	PA	16214
Crossing Bridges	389 Brownies Trailer Court Road	Shippenville	PA	16254
Environmental Protection (DEP)	310 Best Avenue	Clarion	PA	16214
Farm Service Agency	265 Holiday Inn Road, Suite 4	Clarion	PA	16214
Fire Departments Of Clarion County (Call 911 For Service)			PA	
Food Banks Of Clarion County-Zion Baptist Church	114 Zion Road	Clarion	PA	16214
Food Banks Of Clarion County-Community Action, Inc.	30A S Sheridan Rd.	Clarion	PA	16214
Food Banks Of Clarion County-First United Methodist Church	600 Wood St.	Clarion	PA	16214
Food Banks Of Clarion County-First Baptist Church	Main St & 7th Ave.	Clarion	PA	16214
Food Banks Of Clarion County-Redbank Valley Church Association Food Pantry	300 Broad St.	New Bethlehem	PA	16242
Food Banks Of Clarion County-St. Michael Church	18766 Route 208	Fryburg	PA	16326
Food Banks Of Clarion County-Sligo Borough Building	2nd floor, 448 Colerain St	Sligo	PA	16255
Food Banks Of Clarion County-Rimersburg United Methodist Church		Rimersburg	PA	16248
Food Banks Of Clarion County-Tionesta Presbyterian Church		Tionesta	PA	16353
Food Banks Of Clarion County-Knox Kupboard		Knox	PA	16232

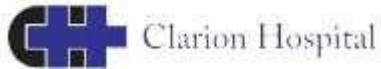


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Community Assistance	Address	City	State	Zip
Goodwill Industries Of North Central PA	Administrative Office 163 Preston Way	Falls Creek	PA	15840
Helpmates, Inc.	630 Wood Street	Clarion	PA	16214
Life Learning Center	214 South 7th Avenue	Clarion	PA	16214
Laural Legal Services, Inc.	231 West Main Street	Clarion	PA	16214
Mission Possible	9641 Route 208	Knox	PA	16232
Newspapers-Butler Eagle	114 West Diamond Street	Butler	PA	16001
Newspapers-Clarion News	860 S. 5 th Ave.	Clarion	PA	16214
Newspapers-Courier Express	301 Main Street	Brookville	PA	15825
Newspapers-Jeffersonian Democrats	301 Main Street	Brookville	PA	15825
Newspapers-Progress News	408 Main Street	Emlenton	PA	16373
Newspapers-The Derrick	860 S. 5 th Ave.	Clarion	PA	16214
Newspapers-The Leader-Times	117 North Grant Avenue	Kittanning	PA	16201
Newspapers-The Leader Vindicator	435 Broad Street	New Bethlehem	PA	16214
Newspapers-The Midweek News	645 Main Street	Clarion	PA	16214
Newspapers-Tri-County Sunday	500 Jeffers Street	Dubois	PA	15801
Passages, Inc.	1300 East Main Street	Clarion	PA	16214
PA Career Link Of Clarion County	627 Wood Street	Clarion	PA	16214
PA Fish And Boat Commission	11528 State Highway 98	Meadville	PA	16335
PA Game Commission	P.O. Box 31	Franklin	PA	16232

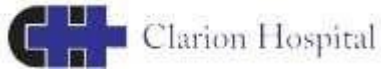
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Community Assistance	Address	City	State	Zip
Penn Soil Resource Conservation And Development Council	265 Holiday Inn Road, Suite 3	Clarion	PA	16214
Pennies From Heaven		Clarion	PA	16214
Public Defender	509 Main Street	Clarion	PA	16214
Radio Stations		Clarion	PA	16214
Television Stations		Clarion	PA	16214
Retired Senior Volunteer Program (RSVP) Community Action, Inc.	30A Sheridan Drive	Clarion	PA	16214
Rural Development	14699 North Main Street Extension	Meadville	PA	16335
SAFE – Stop Abuse For Everyone	1302 East Main Street	Clarion	PA	16214
Service Access & Management, Inc.	30 Pinnacle Drive Suite 302	Clarion	PA	16214
Social Security Administration	80 Regina Drive	Cranberry	PA	16319
United Community Independent Programs UCIP	11289 Route 322	Meadville	PA	16335
United Way Of Clarion County	PO Box 207 531 1/2 Main Street	Clarion	PA	16214
Us Small Business Administration	411 Seventh Avenue	Pittsburgh	PA	15219
Weatherization	105 Grace Way	Punxsutawney	PA	15767
Education and Family	Address	City	State	Zip
AC Valley Family Center	776 Route 58	Foxburg	PA	16036
Child Care Services			PA	
Children’s Aid Society	1008 South Second Street	Clearfield	PA	16830
Clarion Conservation District	265 Holiday Inn Road, Suite 2	Clarion	PA	16214
Clarion County Career Center	447 Career Lane	Shippenville	PA	16254
Clarion County Cooperative Extension	8 Grant Street	Clarion	PA	16214



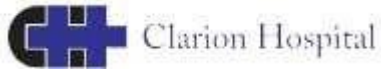
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Education and Family	Address	City	State	Zip
Clarion County Early Intervention Service Access Management		Clarion	PA	16214
Clarion County Early Intervention Council	214 South 7th Avenue, 270 Mayfield Road	Clarion	PA	16214
Clarion County Libraries-Clarion Free Library	644 Main Street	Clarion	PA	16214
Clarion County Libraries-District Office	645 Main Street	Clarion	PA	16214
Clarion County Libraries-Eccles-Lesher Memorial Library	673 Main Street	Clarion	PA	16214
Clarion County Libraries-Foxburg Free Library	31 Main Street	Foxburg	PA	16036
Clarion County Libraries-Knox Public Library	305 North Main Street	Knox	PA	16232
Clarion County Libraries-New Bethlehem Free Library	720 Broad Street	New Bethlehem	PA	16242
Clarion County Literacy Council	644 Main Street	Clarion	PA	16214
Clarion County School Districts/Schools-Allegheny-Clarion Valley School District	776 State Route 58, P.O. Box 100	Foxburg	PA	16036
Clarion County School Districts/Schools-Clarion Area School District	221 Liberty Street	Clarion	PA	16214
Clarion County School Districts/Schools-Clarion-Limestone Area School District	4091 C-L School Road	Strattanville	PA	16258
Clarion County School Districts/Schools-Keystone School District	451 Huston Avenue	Knox	PA	16232
Clarion County School Districts/Schools--North Clarion School District	10439, Route 36	Tionesta	PA	16353
Clarion County School Districts/Schools-Redbank School District	920 Broad Street	New Bethlehem	PA	16242



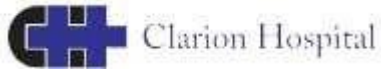
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Education and Family	Address	City	State	Zip
Clarion County School Districts/Schools-Union School District	354 Baker Street	Rimersburg	PA	16248
Clarion County's Promise, Inc.	1120 E. Main Street	Clarion	PA	16214
Educational Talent Search	Ralston Hall 219 CUP	Clarion	PA	16214
Family Care For Children And Youth	1334 Elk Street	Franklin	PA	16232
Farm Service Agency	22631 Route 68	Clarion	PA	16214
Forestry, Bureau of (Dept. Of Conservation & Natural Resources)	158 South 2nd Avenue	Clarion	PA	16214
Girl Scouts Of Western PA	21823 Route 68, Suite 1	Clarion	PA	16214
Jefferson/Clarion Family Learning Centers	160 South 2nd Ave. Suit C	Clarion	PA	16214
Jefferson/Clarion Family Learning Centers	18 Western Avenue, Suite C	Brookville	PA	15825
Jefferson-Clarion Head Start, Inc.	18 Western Avenue, Suite C	Brookville	PA	15825
Keystone Community Education Council	National Transit Building 206 Seneca St., Suite 30	Oil City	PA	16301
Keystone Smiles/Community Learning Center	420 Main Street	Knox	PA	16232
Keystone Family Center		Lamertine	PA	16375
New Choices/ New Development	30A Sheridan Road	Clarion	PA	16214
North Clarion Family Center	10439 Route 36	Tionesta	PA	16353
NWPA Great Outdoors Visitors Bureau	175 Main Street	Brookville	PA	15825



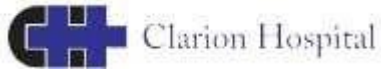
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Education and Family	Address	City	State	Zip
Parents To Parents Of Pennsylvania Northwest Region	623 Elm Street P.O. Box 276	Tionesta	PA	16353
Riverview Intermediate Unit 6	270 Mayfield Road	Clarion	PA	16214
Upward Bound Program	119 Rallston Hall CUP	Clarion	PA	16214
USDA Natural Resources Conservation Service	22631 Route 68	Clarion	PA	16214
Venango Training And Development Center Inc.	239 Quaker Drive	Seneca	PA	16346
Health Care	Address	City	State	Zip
AAA Life Services	119 Rallston Hall CUP	Clarion	PA	16214
Adagio Health	1064 East Main Street	Clarion	PA	16214
Allegheny/Clarion Valley Medical Center	855 Route 58	Parker	PA	16049
Allegheny Women’s Center	121 North Highland Avenue, Suite 333	Pittsburgh	PA	15206
Ambulance Companies Serving Clarion County	One Hospital Drive	Clarion	PA	16214
American Cancer Society	133B West Main Street	Clarion	PA	16214
American Heart Association	777 Penn Center Boulevard, Suite 200	Pittsburgh	PA	15235
Adiological And Speech Associates	270 Philadelphia Street	Indiana	PA	15701
Brooks Medical Arts	P.O. Box 248	Leeper	PA	16233
Brookville/New Bethlehem Area Home Health Care	240 Allegheny Boulevard, Suite M	Brookville	PA	15825
Clarion/Forest Adult Daily Living Center	405 Main Street P.O. Box 100	Shipperville	PA	16254



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Health Care	Address	City	State	Zip
Clarion/Forest Visiting Nurse Association	271 Perkins Rd.	Clarion	PA	16214
Clarion Hospital	One Hospital Drive	Clarion	PA	16214
Clearview Nursing & Rehabilitation Center	14663 Route 68	Sligo	PA	16255
Ekidzcare- Pediatric Home Healthcare	16269 Conneaut Lake Road, Ste. 104	Meadville	PA	16335
Golden Living Center - Clarion	999 Hendrick Street	Clarion	PA	16214
Golden Living Center - Shippenville	21158 Paint Boulevard	Shippenville	PA	16254
Highland Oaks at Water Run (Personal Care)	300 Water Run Road	Clarion	PA	16214
Highmark Caring Foundation	620 Stanwix Street	Pittsburgh	PA	15222
Muscular Dystrophy Association	400 Penn Center Boulevard, Suite 524	Pittsburgh	PA	15235
Medical Centers Serving Clarion County Residents- Kahle Medical Center	32719 Pennsylvania 66	Leeper	PA	16233
Medical Centers Serving Clarion County Residents- Brooks Medical Arts, Inc.	180 Greenville Avenue	Clarion	PA	16214
Medical Centers Serving Clarion County Residents- Health Services Of Clarion, Inc.	121 Doctors Lane	Clarion	PA	16214
Medical Centers Serving Clarion County Residents-Ear, Nose, And Throat Associates	Po Box 545	Seneca	PA	16346
Medical Centers Serving Clarion County Residents- Hoffman Memorial Medical Center	419 Kelly's Way	East Brady	PA	16028



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Health Care	Address	City	State	Zip
Medical Centers Serving Clarion County Residents- Petroleum Valley Medical Center	296 Church St	Petrolia	PA	16050
Medical Centers Serving Clarion County Residents- Marianne Family Practice Association	21159 Paint Blvd, #2,	Shippenville	PA	16254
Medical Centers Serving Clarion County Residents- Clarion Community Health Center	30 Pinnical Drive	Clarion	PA	16214
Medical Centers Serving Clarion County Residents- Charles Medical Center	240 Allegheny Boulevard	Brookville	PA	15825
Medical Centers Serving Clarion County Residents- Emlenton Area Family Practice	516 Main Street	Emlenton	PA	16373
Medical Centers Serving Clarion County Residents- Dr. David Miller Medical Center	1323 Brookville Street	Fairmont City	PA	16224
Medical Centers Serving Clarion County Residents- Rimersburg Medical Center	East Broad Street	Rimersburg	PA	16248
Medical Centers Serving Clarion County Residents- Northwest Medical Center	5 Fifth Avenue	Clarion	PA	16214
Northwest Pennsylvania Aids Alliance	15870 State Route 322	CUP Clarion	PA	16214
Pennsylvania Department Of Health Clarion County State Health Center	162 South 2nd Avenue Applewood Center	Clarion	PA	16214
Primary Health Network Clarion Pharmacy	30 Pinnacle Drive	Clarion	PA	16214
Clarion Community Health Center	30 Pinnacle Drive	Clarion	PA	16214



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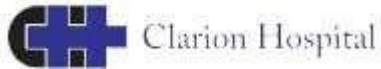
Health Care	Address	City	State	Zip
Clarion Behavioral Health	30 Pinnacle Drive	Clarion	PA	16214
Clarion Dental Center	30 Pinnacle Drive	Clarion	PA	16214
Hoffman Medical Center	419 Kelly's Way	East Brady	PA	16028
Armstrong Center for Medicine	1 Nolte Dr.	Kittanning	PA	16201
Brookville Hospital	100 Hospital Road	Brookville	PA	15825
Speech And Hearing Clinic	840 Wood Street	Clarion	PA	16214
Venango County Association For The Blind Serving Clarion County	3035 Route 257	Seneca	PA	16346
Women, Infants And Children's Program (WIC)	1064 B East Main Street	Clarion	PA	16214

CLARION HOSPITAL ASSET LISTING – HOSPITAL

Mental/Behavioral Health	Address	City	State	Zip
Alliance For the Mentally Ill of PA NAMI	214 S. 7th Ave	Clarion	PA	16214
The ARC of Clarion County	22 S. 2nd Ave	Clarion	PA	16214
Brookville Behavioral Health	70 2nd St. Suite A	Brookville	PA	15825
Catholic Charities, Counseling and Adoption Services	90 Beaver Dr., 119D	DuBois	PA	15801
Clarion County Counseling Center (Service Access Management)	214 South 7th Ave.	Clarion	PA	16214
Clarion Behavioral Health	30 Pinnacle Drive	Clarion	PA	16214
Clarion County Mental Health/Developmental Delays (SAM)	214 S. 7th Ave	Clarion	PA	16214
Clarion Family Therapy	22868 Route 68 Suite 5	Clarion	PA	16214
Armstrong-Indiana-clarion Drug and Alcohol Commission	1350 E. Main St. Suite 30	Clarion	PA	16214
Clarion Psychiatric Center	2 Hospital Dr.	Clarion	PA	16214

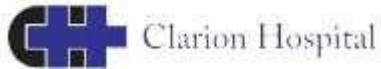
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Mental/Behavioral Health	Address	City	State	Zip
Clarion University Dept. of Counseling Services	148 Egbert Hall, CUP	Clarion	PA	16214
Community Guidance Center	214 S. 7th Ave	Clarion	PA	16214
Crisis Intervention	214 S. 7th Ave	Clarion	PA	16214
Debi Jones, LCSW, QCSW	413 Wood St.	Clarion	PA	16214
Diane Marino	334 N. Barnett St.	Clarion	PA	16214
DuBois Regional Medical Center Behavioral Health Services	DRMC E. Campus Maple Ave	Dubois	PA	15801
Support	Address	City	State	Zip
Family Counseling Center of Armstrong	300 S. Jefferson St	Kittanning	PA	16201
Kids Count Family Psychological Associates	160 S. 2nd Ave	Clarion	PA	16214
Liberty St. Counseling Center	240 Liberty St.	Clarion	PA	16214
Life Learning Center	214 S. 7th Ave	Clarion	PA	16214
MHY Family Services	1333 Elk St.	Franklin	PA	16323
Melissa Daugherty, LCSW New Interpretive Counseling Services (NPCS)	498 Greenville Pike	Clarion	PA	16214
Misty Isle Bridges, Inc	PO Box 605	Clarion	PA	16214
NHS Human Services	25 E Park Ave.	DuBois	PA	16214
Northwest Human Services (DuBois)	25 East Park Ave.	DuBois	PA	16214
Patricia Morgan, PHD	498 Greenville Pike	Clarion	PA	16214
Rural Mental Health Associates	19 Central Ave. 3rd Floor	Oil City	PA	16301
Samuel G. Johnson, MA, NCC, ACS, LPC Marianne Family Practice	21159 Paint Blvd, Suite 2	Shippenville	PA	16254
Service Access & Management, Inc. (SAM)	30 Pinnacle Drive Suite 302	Clarion	PA	16214
Shamrock Solutions Inc.	413 Wood St.	Clarion	PA	16214
Shippenville Project Point of Light, Inc. Manno Therapeutic Services	20231 Paint Blvd.	Shippenville	PA	16214



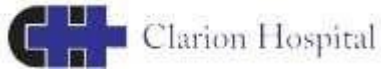
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Support	Address	City	State	Zip
Clarion Hospital EMS	1 Hospital Dr.	Clarion	PA	16214
Community Ambulance Service	1010 Buffalo St.	Franklin	PA	16323
East Brady Ambulance Service	PO Box 325 Broad St	East Brady	PA	16028
Emlenton Ambulance	PO Box 346	Emlenton	PA	16373
EMMCO West, Inc	16271 Conneaut Lake Rd	Meadville	PA	16335
Farmington Twp. Area Ambulance	PO Box 12 36243 Route 66	Leeper	PA	16233
Jefferson County EMS	RD 5	Brookville	PA	15825
Knox Ambulance Service	PO Box 636 Main St.	Knox	PA	16232
Petrolia EMS	200 Argyle St. PO Box 237	Petrolia	PA	16050
Shipperville Elk Volunteer Ambulance	PO Box 160 Main St.	Shipperville	PA	16254
American Respiratory Alliance of NWPA	201 Smith Dr. Suite E	Cranberry Twp.	PA	16066
Bureau of Blindness and Visual Services	3100 Lovell Place	Erie	PA	16503
Easter Seal of Western PA	2525 Railroad St	Pittsburgh	PA	15222
NAMI of Clarion County (National Alliance of The Mentally Ill)	2 Hospital Dr.	Clarion	PA	16214
Passages, Inc.	1300 E. Main St.	Clarion	PA	16214
SAFE (Stop Abuse for Everyone)	1302 E. Main St.	Clarion	PA	16214
Clarion Hospital Services	Address	City	State	Zip
PreNatal Class: Tammy Hartle	1 Hospital Dr.	Clarion	PA	16214
Lactation Consultant: Jayme Baumcratz	1 Hospital Dr.	Clarion	PA	16214
Breastfeeding Class: Jayme Baumcratz	1 Hospital Dr.	Clarion	PA	16214
Breastfeeding Support Group: Jayme Baumcratz	1 Hospital Dr.	Clarion	PA	16214



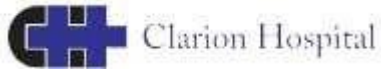
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Clarion Hospital Services	Address	City	State	Zip
Smoking Cessation: Joan Kriebel	1 Hospital Dr.	Clarion	PA	16214
Diabetes Educator: Gretchen Frye	1 Hospital Dr.	Clarion	PA	16214
Social Worker: Tex Crider	1 Hospital Dr.	Clarion	PA	16214
Registered Dietician: Mary Obenreder	1 Hospital Dr.	Clarion	PA	16214
Emergency Mecical Services: Michael Hoh, DO	1 Hospital Dr.	Clarion	PA	16214
Multiphasic Blood Screening	1 Hospital Dr.	Clarion	PA	16214
Infection Control/Blood Borne Pathogens: Lori Lencer	1 Hospital Dr.	Clarion	PA	16214
Occupational Health/ "Health Works" : Jeanette Musser	21159 Paint Blvd.	Shippenville	PA	16214
Outpatient & Inpatient Physical Therapy: Clarion Rehab. Services, Inc.	1 Hospital Dr.	Clarion	PA	16214
Senior Wellness Council: Mindy Gatesman, Clarview Nursing Home	RR1	Sligo	PA	16255
The Rehab Center: Thomas Freenock, MD	1Hospital Dr.	Clarion	PA	16214
Clarion Hospital Athletic Medicine Program: Kari Best, ATC	18 Sportsman Dr. Suite 10	Clarion	PA	16214
The Cancer Center: Tracy Myers	1 Hospital Dr.	Clarion	PA	16214
EMS Services: Don Hosey	1 Hospital Dr.	Clarion	PA	16214
First Aid, CPR, AED Training: EMS/Don Hosey	1 Hospital Dr.	Clarion	PA	16214
Diabetes Classes: Gretchen Frye	1 Hospital Dr.	Clarion	PA	16214
Diabetes Health Fair: Gretchen Frye	1 Hospital Dr.	Clarion	PA	16214
Senior Wellness Expo: Mindy Gatesman	RR1	Sligo	PA	16255
Teddy Bear Clinic School Outreach Program: Julie Kunselman	1 Hospital Dr.	Clarion	PA	16214



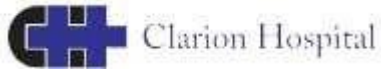
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Clarion Hospital Services	Address	City	State	Zip
Women's Expo: Julie Kunselman	1 Hospital Dr.	Clarion	PA	16214
Health Wise Employee Wellness Program: Bridget Thornton	1 Hospital Dr.	Clarion	PA	16214
County-wide Health Fairs: Julie Kunselman	1 Hospital Dr.	Clarion	PA	16214
Daycare: Amy Bish	1 Hospital Dr.	Clarion	PA	16214
Pharmacy	1 Hospital Dr.	Clarion	PA	16214
Wound Care: Lisa Cheatile	1 Hospital Dr.	Clarion	PA	16214
Medical Education: Tammy Huey	1 Hospital Dr.	Clarion	PA	16214
Foundation: John Stroup	1 Hospital Dr.	Clarion	PA	16214
Volunteer Services: Patti Bell	1 Hospital Dr.	Clarion	PA	16214
Marketing and Physician Recruiting: Julie Kunselman	1 Hospital Dr.	Clarion	PA	16214
Intensive Care: Sue Ziegler	1 Hospital Dr.	Clarion	PA	16214
Dietary: Dave Wasilowski	1 Hospital Dr.	Clarion	PA	16214
Information Systems: Jim Confer	1 Hospital Dr.	Clarion	PA	16214
Lab: Jill Keth	1 Hospital Dr.	Clarion	PA	16214
Quality Improvement: Leigh Walter	1 Hospital Dr.	Clarion	PA	16214
Darrell Datko, Anesthesiology	1 Hospital Dr.	Clarion	PA	16214
Pawell Flis, Anesthesiology	1 Hospital Dr.	Clarion	PA	16214
Rebecca W. Miller, AuD., Audiology	180 Greenville Ave.	Clarion	PA	16214
Marc Maslov, Ear, Nose & Throat	24 Docors Lane Suite 300	Clarion	PA	16214
Michael Hoh, Emergency Medicine	1 Hospital Dr.	Clarion	PA	16214
Raymond Stabinski, Emergency Medicine	1 Hospital Dr.	Clarion	PA	16214
Stephanie Larson, Emergency Medicine	1 Hospital Dr.	Clarion	PA	16214
Geoffrey Pazder, Emergency Medicine	1 Hospital Dr.	Clarion	PA	16214



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Clarion Hospital Services	Address	City	State	Zip
John M Brooks, Family Practice	32719 Route 66 PO Box 248	Leeper	PA	16233
Timothy Brooks, Family Practice	180 Greenville Ave.	Clarion	PA	16214
Nicole Carroll, Family Practice	21159 Paint Blvd.	Shippenville	PA	16254
Art Dortort, Family Practice	1 Hospital Dr.	Clarion	PA	16214
Bethann Hamm, Family Practice	180 Greenville Ave.	Clarion	PA	16214
Paul Hamm, Family Practice	5528 Old Fryburg Rd.	Fryburg	PA	16214
Cynthia Hoffmeirer, Family Practice	420 Wood St.	Clarion	PA	16214
Janice Kenneson, Family Practice	21159 Paint Blvd.	Shippenville	PA	16254
Ashley Kunselman, Family Practice	82 Town Run Road	Fairmount City	PA	16224
Joseph Leonard, Family Practice	24 Doctors Lane	Clarion	PA	16214
Christopher Moore, Family Practice	82 Town Run Road	Fairmount City	PA	16224
Janice Semeyn, Family Practice	82 Town Run Road	Fairmount City	PA	16254
Brandon Doverspike, Family Practice	82 Town Run Road	Fairmount City	PA	16254
Catherine Cummingham, Internal Medicine	1 Hospital Drive	Clarion	PA	16214
Angela Rhoades, Internal Medicine	1 Hospital Drive	Clarion	PA	16214
David Brooker, Nephrology	800 Center 823 E. Main St.	Clarion	PA	16214
Anie Perard, Obstetrics/Gynecology	24 Doctors Lane Suite 304	Clarion	PA	16214
Anna Pilzek, Obstetrics/Gynecology	24 Doctors Lane Suite 304	Clarion	PA	16214
Bryan Doverspike, Obstetrics/Gynecology	24 Doctors Lane Suite 304	Clarion	PA	16214
Robert Luderer, Oncology	24 Doctors Lane Suite 1	Clarion	PA	16214



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Clarion Hospital Services	Address	City	State	Zip
David Smith, Orthopedics	24 Doctors Lane Suite 104	Clarion	PA	16214
Michael Pollock, Orthopedics	24 Doctors Lane Suite 104	Clarion	PA	16214
Dr. Barrett, Pain Management	1622 Pacific Ave.	Natrona Heights	PA	15065
Kelsi Taglioti, Pain Management	1622 Pacific Ave.	Natrona Heights	PA	15065
H.I. Desai, Pediatrics & Allergy and Asthma	1008 S. 5th Ave. Suite 201	Clarion	PA	16214
Thomas Freenock, Physiatry	24 Doctors Lane Suite 104	Clarion	PA	16214
Thomas Miller, Podiatry	24 Doctors Lane Suite 303	Clarion	PA	16214
Timothy Scott, Podiatry	22905 Route 68	Clarion	PA	16214
John Wagner, Podiatry	24 Doctors Lane Suite 303	Clarion	PA	16214
Albert Barrett, Radiology	1 Hospital Dr.	Clarion	PA	16214
Barry Marchetto, Radiology	1 Hospital Dr.	Clarion	PA	16214
Rodrick Stevenson, Surgery	24 Doctors Lane Suite 102	Clarion	PA	16214
Charles Huston, Surgery	24 Doctors Lane Suite 102	Clarion	PA	16214
Anthony Golio, Urology	24 Doctors Lane Suite 301	Clarion	PA	16214
David Femovich, Plastic Surgery	3744 State Route 257	Seneca	PA	16346
Steven Wilson, Pathology	1 Hospital Dr.	Clarion	PA	16214

Key Findings- Public Health Data

This assessment used the 2018 County Health Rankings to evaluate health behavior, disease incidence and mortality indicators within the 5 counties of the Clarion Hospital service area. This public health resource analyzes the health data of individual counties and compares that to the same indicators at the state level. The data is outlined in the tables below.

Table 1: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

County	Premature death				Poor or fair health				Poor physical health days			
	Years of Potential Life Lost Rate	95% CI - Low	95% CI - High	Z- Score	% Fair/Poor	95% CI - Low	95% CI - High	Z- Score	Physically Unhealthy Days	95% CI - Low	95% CI - High	Z- Score
Pennsylvania	6900	6847	6952		15	14	16		3.9	3.6	4.2	
Armstrong	8126	7287	8964	0.85	14	13	14	-0.40	3.6	3.4	3.8	-0.07
Clarion	7670	6614	8725	0.47	16	15	16	0.94	4.0	3.8	4.2	1.43
Forest	6123	4509	7737	-0.82	16	15	17	1.10	3.7	3.5	3.9	0.35
Jefferson	7657	6682	8633	0.46	15	14	16	0.56	3.9	3.7	4.1	1.05
Venango	7339	6480	8198	0.20	15	14	15	0.16	3.9	3.7	4.1	0.94

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 2: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Mentally Unhealthy Days	Poor mental health days			Low birthweight				Adult smoking			
	95% CI - Low	95% CI - High	Z-Score	% LBW	95% CI - Low	95% CI - High	Z-Score	% Smokers	95% CI - Low	95% CI - High	Z-Score
4.3	4.0	4.6		8	8	8		18	17	19	
4.1	3.9	4.4	0.54	7	6	8	-0.43	15	15	16	-0.63
4.2	4.0	4.5	1.04	7	6	8	-0.36	18	17	18	0.95
3.8	3.6	4.0	-0.96	8			0.47	17	16	18	0.75
4.2	4.0	4.5	1.02	7	7	8	-0.13	17	16	18	0.82
4.3	4.1	4.5	1.33	8	7	8	0.06	17	16	18	0.52

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 3: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Adult obesity				Food environment index		Physical inactivity				Access to exercise opportunities	
% Obese	95% CI - Low	95% CI - High	Z-Score	Food Environment Index	Z-Score	% Physically Inactive	95% CI - Low	95% CI - High	Z-Score	% With Access	Z-Score
30				8.2		24				68	
36	30	41	1.40	8.3	-0.34	30	24	35	1.31	33	0.92
32	26	38	0.12	8.0	0.32	29	23	35	1.11	31	1.04
31	25	39	-0.04	8.0	0.32	23	17	30	-0.86	89	-1.89
31	26	37	-0.07	8.3	-0.34	27	22	33	0.50	34	0.88
34	29	40	0.74	8.2	-0.12	22	17	27	-1.25	47	0.19

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 4: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Excessive drinking				Alcohol-impaired driving deaths						Sexually transmitted infections		
% Excessive Drinking	95% CI - Low	95% CI - High	Z-Score	# Alcohol-Impaired Driving Deaths	# Driving Deaths	% Alcohol-Impaired	95% CI - Low	95% CI - High	Z-Score	# Chlamydia Cases	Chlamydia Rate	Z-Score
21	19	22		1837	6103	30	29	31		53460	418	
19	18	20	-1.02	15	50	30	23	38	0.01	138	204	-0.29
20	19	21	-0.15	11	32	34	25	44	0.50	89	229	-0.14
21	20	22	0.60	2	10	20	5	39	-1.10	15	200	-0.31
19	18	20	-0.61	9	40	23	14	31	-0.82	68	152	-0.59
19	18	19	-1.07	12	44	27	19	35	-0.29	138	258	0.03

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 5: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Teen births				Uninsured					Primary care physicians			
Teen Birth Rate	95% CI - Low	95% CI - High	Z-Score	# Uninsured	% Uninsured	95% CI - Low	95% CI - High	Z-Score	# Primary Care Physicians	PCP Rate	PCP Ratio	Z-Score
21	21	22		786343	8	7	8		10395	81	1232:1	
26	23	29	0.45	3781	7	6	8	-0.40	30	45	2235:1	0.41
17	14	19	-0.76	2487	8	7	9	0.31	19	48	2079:1	0.35
30			1.02	275	8	7	10	0.42				0.00
31	27	34	1.07	3108	9	8	10	0.81	21	47	2116:1	0.36
33	29	36	1.29	3042	7	6	8	-0.30	32	60	1660:1	0.12

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 6: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Dentists				Mental health providers				Preventable hospital stays				
# Dentists	Dentist Rate	Dentist Ratio	Z-Score	# Mental Health Providers	MHP Rate	MHP Ratio	Z-Score	# Medicare Enrollees	Preventable Hosp. Rate	95% CI - Low	95% CI - High	Z-Score
8630	68	1481:1		22883	179	559:1		901922	52	51	52	
22	33	3022:1	0.89	63	95	1055:1	0.39	3051	64	55	73	0.48
16	42	2407:1	0.49	42	109	917:1	0.21	3279	65	57	74	0.56
			0.00	2	27	3661:1	1.24	618	82	58	105	1.73
20	45	2204:1	0.30	30	68	1469:1	0.72	3954	67	60	75	0.71
22	42	2390:1	0.47	66	126	797:1	0.00	4397	71	63	79	0.97

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 7: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Diabetes monitoring					Mammography screening					High school graduation		
# Diabetics	% Receiving HbA1c	95% CI - Low	95% CI - High	Z- Score	# Medicare Enrollees	% Mammography	95% CI - Low	95% CI - High	Z- Score	Cohort Size	Graduation Rate	Z- Score
123915	86	86	87		91755	64.8	64.3	65.3		136228	85	
474	82	74	91	1.27	337	61.7	53.3	70.1	0.57	659	89	-0.15
484	90	81	98	-1.09	297	68.0	58.6	77.4	-0.54	450	94	-1.02
117	87	70	100	-0.27	75	60.0	42.5	77.5	0.87			0.00
604	84	76	91	0.85	355	65.1	56.7	73.5	-0.02	451	92	-0.64
767	86	80	93	0.06	420	69.3	61.3	77.2	-0.77	580	90	-0.36

Table 8: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Some college						Unemployment				Children in poverty			
# Some College	Population	% Some College	95% CI - Low	95% CI - High	Z- Score	# Unemployed	Labor Force	% Unemployed	Z- Score	% Children in Poverty	95% CI - Low	95% CI - High	Z- Score
2004022	3149751	63.6	63.3	64.0		351962	6471996	5.4		18	18	19	
8225	14901	55.2	51.9	58.5	0.06	2521	33354	7.6	1.42	20	15	24	0.04
4735	8483	55.8	51.6	60.1	0.00	1155	18154	6.4	0.35	20	15	25	0.13
465	2998	15.5	11.0	20.0	3.00	152	1892	8.0	1.85	57	41	73	3.00
4865	9991	48.7	45.7	51.7	0.69	1439	20733	6.9	0.87	19	15	23	-0.03
5656	11372	49.7	46.2	53.2	0.59	1745	23815	7.3	1.22	22	16	27	0.36

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 9: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Income inequality				Children in single-parent households						Social associations		
80th Percentile Income	20th Percentile Income	Income Ratio	Z-Score	# Single-Parent Households	# Households	% Single-Parent Households	95% CI - Low	95% CI - High	Z-Score	# Associations	Association Rate	Z-Score
108554	22675	4.8		903596	2673370	34	33	34		15535	12.1	
89080	20191	4.4	0.27	4008	13040	31	27	34	-0.06	140	20.9	-1.42
81275	18271	4.4	0.35	1952	7291	27	23	31	-0.63	65	16.5	-0.34
60271	17340	3.5	-1.86	39	133	29	0	100	-0.26	8	10.8	1.04
81327	19154	4.2	-0.11	2654	9344	28	25	32	-0.39	95	21.4	-1.55
82317	20827	4.0	-0.77	3471	10585	33	29	37	0.23	107	20.1	-1.24

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 10: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Violent crime			Injury deaths					Air pollution - particulate matter	
# Violent Crimes	Violent Crime Rate	Z-Score	# Injury Deaths	Injury Death Rate	95% CI - Low	95% CI - High	Z-Score	Average Daily PM2.5	Z-Score
42505	333		48341	76	75	76		10.4	
67	99	-0.78	333	99	88	109	1.35	11.2	0.66
59	148	-0.43	135	69	57	81	-0.68	10.1	-0.22
29	376	1.19	37	99	69	136	1.35	9.1	-1.01
62	138	-0.50	178	80	68	92	0.07	9.9	-0.38
61	113	-0.68	206	77	67	88	-0.12	10.2	-0.14

Source: County Health Rankings and Roadmaps Building a Culture of Health County by County www.countyhealthrankings.org

Table 11: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Drinking water violations		Severe housing problems					Driving alone to work			
Presence of violation	Z-Score	# Households with Severe Problems	% Severe Housing Problems	95% CI - Low	95% CI - High	Z-Score	% Drive Alone	95% CI - Low	95% CI - High	Z-Score
		766265	15	15	16		76	76	77	
Yes	0.49	3010	11	9	12	-0.95	82	81	84	0.46
Yes	0.49	2105	13	12	15	-0.01	82	80	85	0.44
No	-2.02	200	10	7	12	-1.25	82	65	99	0.35
Yes	0.49	2095	11	10	12	-0.70	83	81	84	0.53
No	-2.02	2560	11	10	13	-0.65	80	79	82	0.05

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 12: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Long commute - driving alone					Frequent physical distress			Frequent mental distress		
# Workers who Drive Alone	% Long Commute - Drives Alone	95% CI - Low	95% CI - High	Z-Score	% Frequent Physical Distress	95% CI - Low	95% CI - High	% Frequent Mental Distress	95% CI - Low	95% CI - High
4529634	36	36	36		12	11	13	13	12	14
24027	43	40	45	0.98	11	10	11	12	12	13
13660	29	27	32	-0.44	12	11	12	13	12	13
812	36	28	45	0.29	11	11	11	11	11	11
16209	27	25	28	-0.73	11	11	12	12	12	13
18160	27	25	28	-0.74	11	11	12	13	12	13

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 13: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Diabetes prevalence			HIV prevalence		Food insecurity		Limited access to healthy foods	
% Diabetic	95% CI - Low	95% CI - High	# HIV Cases	HIV Prevalence Rate	# Food Insecure	% Food Insecure	# Limited Access	% Limited Access
11			34233	314	1674420	13	581113	5
12	9	15	32	55	8540	13	1762	3
13	10	16	20	59	5550	14	911	2
12	8	15	7	97	1140	15	41	1
11	9	14	12	32	5670	13	806	2
13	10	17	26	57	6810	13	1640	3

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 14: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Drug overdose deaths		Drug overdose deaths - modeled	Motor vehicle crash deaths				Insufficient sleep		
# Drug Overdose Deaths	Drug Overdose Mortality Rate	Range Drug Overdose Mortality Rate	# Motor Vehicle Deaths	MV Mortality Rate	95% CI - Low	95% CI - High	% Insufficient Sleep	95% CI - Low	95% CI - High
10623	28	37.9	9109	10	10	10	38	36	39
91	45	11.0	82	17	14	21	36	35	37
16	14	6.0	38	14	10	19	33	32	35
		10.0	16	30	17	49	36	35	37
31	23	6.0	44	14	10	19	35	34	36
36	23	10.0	64	17	13	22	35	33	36

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 15: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Uninsured adults				Uninsured children				Health care costs	Other primary care providers	
# Uninsured	% Uninsured	95% CI - Low	95% CI - High	# Uninsured	% Uninsured	95% CI - Low	95% CI - High	Costs	Other PCP Rate	Other PCP Ratio
677489	9	9	9	118250	4	4	5	10089	97	1027:1
3202	8	7	9	628	5	3	6	10208	63	1583:1
2114	9	8	10	405	5	4	7	10427	75	1328:1
258	9	7	10	19	6	4	7	9925	14	7321:1
2497	10	8	11	645	7	5	9	10905	70	1422:1
2594	8	7	9	484	4	3	6	10584	95	1052:1

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Table 16: highlights various health indicators included in the assessment for Clarion Hospital Service Area.

Disconnected youth	Median household income						Children eligible for free or reduced price lunch
% Disconnected Youth	Household Income	95% CI - Low	95% CI - High	Household income (Black)	Household income (Hispanic)	Household income (White)	% Free or Reduced Lunch
13	56897	56472	57322				48
16	46968	43479	50457	39904	43850	45971	49
10	44670	41498	47842		9200	43315	45
60	38819	34587	43051		33750	36596	58
16	42670	39837	45503	10402		44105	51
17	41395	38495	44295	20313	23750	44384	54

Source: County Health Rankings and Roadmaps Building a Culture of Health County by Countywww.countyhealthrankings.org

Primary Research Results

Four stakeholder interviews were conducted within Clarion County. A community survey conducted through Internet and paper survey distribution received 214 from the Clarion Hospital service area. Stakeholders were identified as experts in a particular field related to their background, experience or professional position and/or someone who understood the needs of a particular underrepresented group or constituency. A total of five focus groups were conducted representing the service area of the Clarion Hospital.

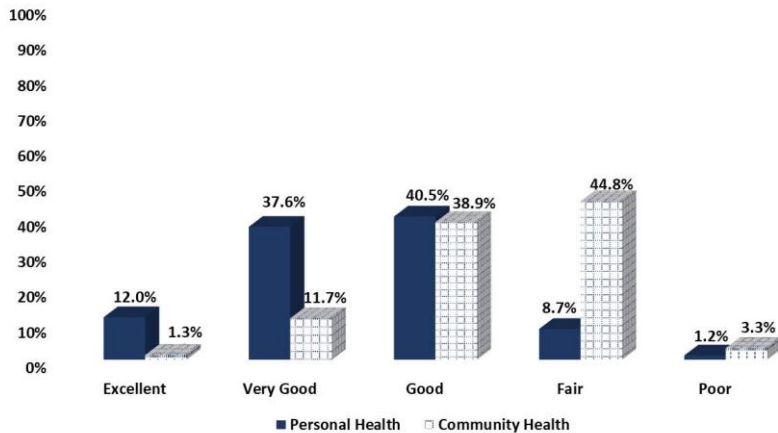
While the interviews, focus groups and surveys were conducted across the area with various community constituencies, they were conducted using a convenience sample and thus are not necessarily representative of the entire population. The results reported herein are qualitative in nature and reflect the perceptions and experiences of interview and focus group participants.



Overall Community Health Status

Community survey respondents (214) were asked to rate the health status of the community. (44.%) commented that the community health status was fair as seen in Figure 5 below, while (38.9%) rated it as good with (11.7%) as very good.

Figure 3: Community Survey – Community Health Status



Other survey findings related to health status included:

- Approximately fifty percent (49.6%) of the 2018 Community Survey respondents rated their personal health as “Excellent” or “Very Good.”
- Just under half (40.5%) of the respondents rated their personal health status as “Good.”
- Approximately ten percent (9.9%) rated their personal health as “Fair” (8.7%) or “Poor” (1.2%).

The majority of **focus group** respondents rated the health status of the community as “Fair” (48.4%) or “Good” (44.4%). When asked to comment on the factors contributing to the health in their communities, respondents identified these things:

- lack of specialists
- limited care is available
- cost of insurance
- transportation issues
- poor education and awareness of health issues, services and how to manage
- poor weather
- lack of things for families to do
- alcohol and other influences
- limited access to healthy foods or places offering healthy options
- cost of healthy foods
- limited recreational opportunities
- youth are not as active

-
- low income
 - subsidized housing
 - college student influence
 - lack of personal responsibility
 - large mental health population

Suggestions to improve community health by the **focus group** participants included:

- More mental health services, better access to MH services, remove MH stigma
- More substance abuse centers and certified peer specialists
- An inpatient treatment facility
- County authority for D&A issues
- Increased parental knowledge/awareness/control with D&A issues
- Create community task force consisting of law enforcement, a county rep, school administrator, CYS staff, and mental health professional
- Access to specialists
- Crack down on crime
- Increased physical activity , parks, playgrounds that are easily accessible
- Improvement in promotion of recreational opportunities in the area
- Better grocery options (stores and foods)
- Early and reinforced education on health and wellness
- Outreach programs for kids and parents for reinforcement
- More education and awareness of illnesses
- Physicians make patients more aware of options and resources

Stakeholders were asked to identified the environmental factors that most contributed to the health of the community. Responses are as follows:

- Sedentary Lifestyle
- Poor dietary choices
- Socio-economics of the region
- Poverty/generational poverty
- Unemployment
- Section 8 housing issue
- Lack of education/awareness
- Weather
- Lack of service providers/community resources

Initiatives Currently Underway

The **stakeholders** who were interviewed were asked to identify initiatives that are already underway that can address community health needs. The initiatives included:

- New YMCA offers local and affordable wellness (scholarship program available)
- Hospital offers diabetes classes and education
- Human service agencies teaming up with Clarion Ministerium to address needs
- Initiatives on education regarding different drugs
- Drug and Alcohol Coalition programs and services
- United Way initiatives, ie. “Building Literacy” program

Additional Suggestions

Stakeholders also provided additional ideas and suggestions regarding how to improve the health of the community. They are as follows:

- Better access for outlying areas to health and fitness facilities
- Complete and total health care (including mental health) for children and teens
- Maintain physical education in schools
- Update health education in schools to more completely cover affect of diet on health
- More providers and resources
- Government representatives need better understanding of rural health needs
- Collaboration of government officials, community and university leaders to address health needs and barriers

Figures 4-8: Community Survey Health Problems 2018

Figure 4: Social & Environmental Issues

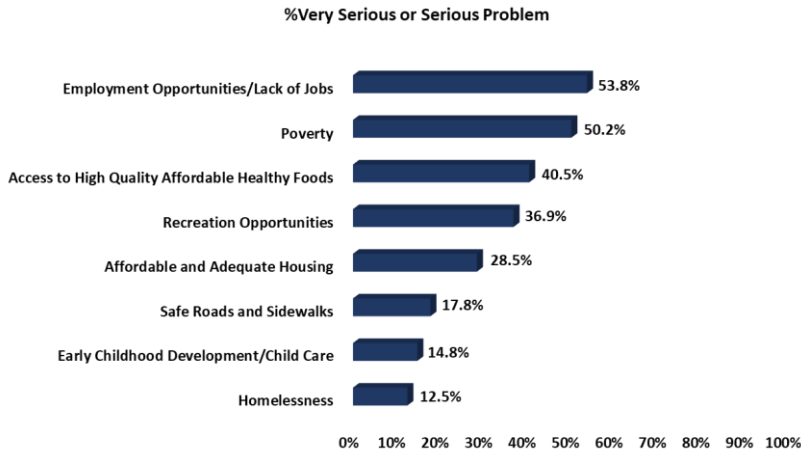


Figure 5: Behaviors

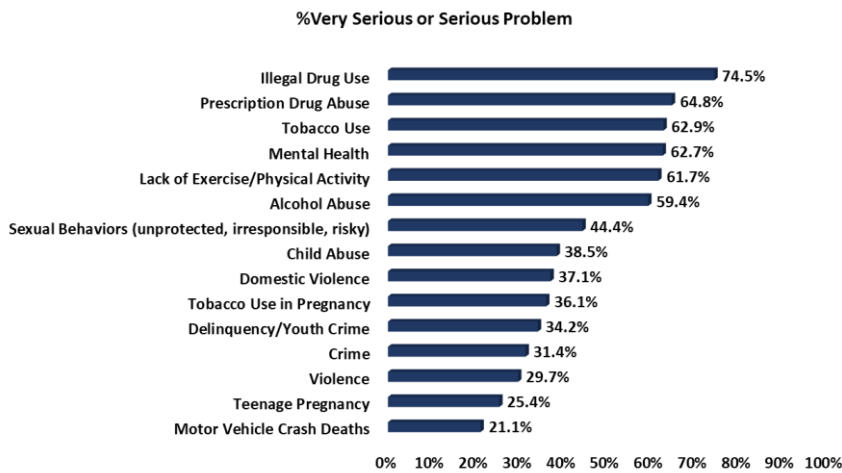


Figure 6: Access

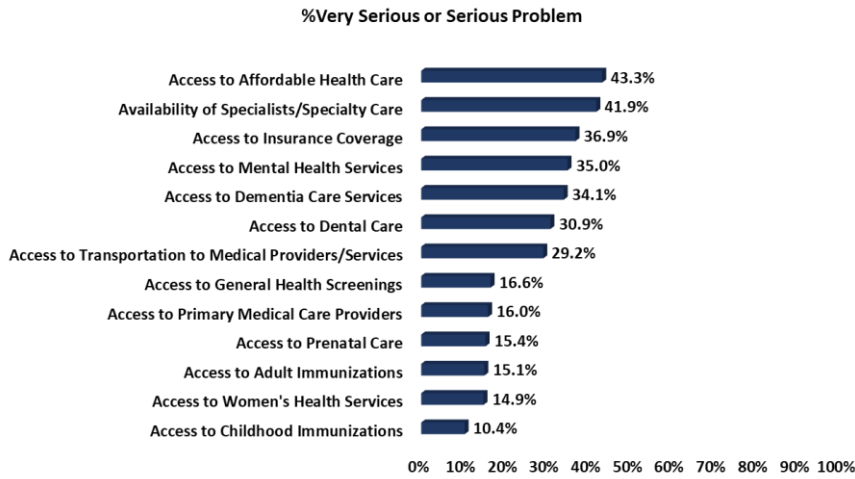


Figure 7: Health Problems

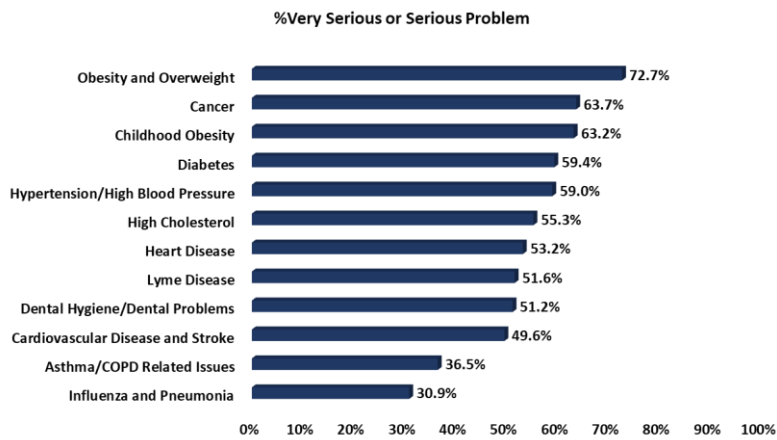


Figure 8: Top 10 Combined Health Priorities

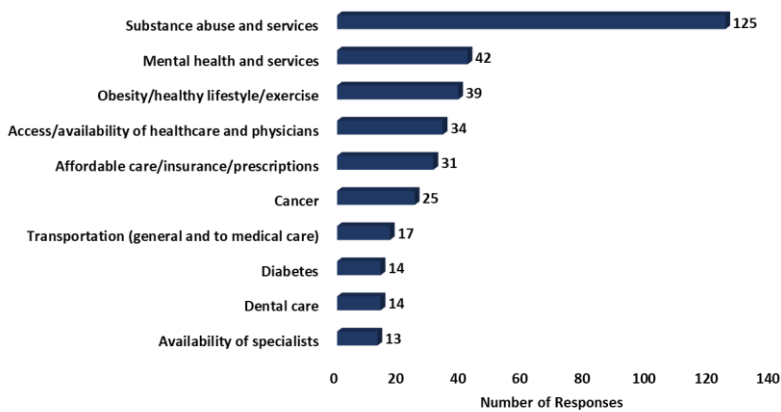


Figure 9: Focus Group Prioritization of Community Health Needs

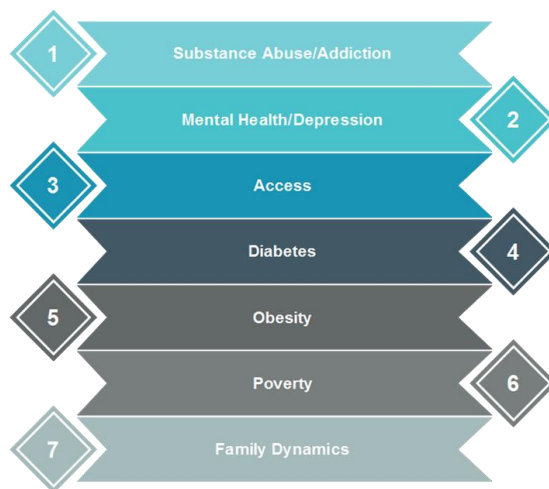


Figure 10: Stakeholder Prioritization of Community Health Needs

- Obesity
 - Weight related issues
- Substance Abuse
 - Opioid Crisis
 - Addictive Behaviors
 - Drugs and Alcohol
- End of life care
- Smoking/Tobacco
- Chronic Disease
 - Heart Disease
 - Diabetes
 - Type II Diabetes
- Mental Health
- Child Abuse/Neglect
- Education
- Transportation

Prioritization and Significant Health Needs

As a result of the data analysis, the steering committee identified a list of potential needs based on the data that was collected and the public health data that was reviewed. On April 19, 2018, the committee agreed on the needs that were a priority based on data prevalence and the following criteria: accountable role, magnitude of the problem, impact on other health concerns, and capacity to implement solutions. Using this methodology, and factoring in the role of the health system, the final priorities selected by the Clarion Hospital Steering Committee as most significant include:

1. Substance abuse and behavioral health
2. Obesity as it relates to nutrition and physical activity habits
3. Diabetes

The implementation strategies selected by the hospital and community partners will address the most significant needs through a variety of implementation strategies and is published in a separate document.

Review and Approval

The 2018 Community Health Needs Assessment and Action Plan was presented to and approved by the Clarion Hospital Board of Directors on June 17, 2015. Following Board approval, the 2018 Clarion Hospital CHNA was published and made widely available to the public.

Appendix A

2015 Community Health Needs Assessment Evaluation

In March 2018, Clarion Hospital conducted a 3-year evaluation of its CHNA implementation strategies from the 2015 assessment.

The 2015 Clarion CHNA identified 3 goals that included increasing physical activity through the workplace and other wellness/preventions strategies, educating school-aged children to reduce childhood obesity, and improving diabetes care management. Within the short time frame, it is impossible to determine if the implementation strategies impacted any of the county-wide indicators. However, great strides were made in continuing to expand the workplace wellness program both at the hospital and around the community. While the Fun & Fit Club with the YMCA did not get off the ground, the hospital continued to expand its Teddy Bear Clinic to additional schools to reach more children and added the fitness and nutrition curriculum to address the obesity epidemic. The third goal, improving diabetes care management, saw great strides with new diabetes management classes, increased numbers within those classes, improved patient engagement in the HRSA Diabetes Grant, and notable changes in the clinical numbers of diabetic patients engaged through Clarion Hospital.

Short term outcomes from the intervention activities to date include:

Teddy Bear Clinic:

During the 2014-2015 and 2016-2107 school years, Teddy Bear Clinics were conducted at 9 area school districts. The Clarion Hospital staff provided education to 1,257 students on the importance of healthy eating and exercise. At the end of each session, the students were asked questions pertaining to the information they had been taught. Their responses indicated learning had taken place regarding proper food and exercise choices in relation to their health.

Senior Wellness Expo:

The Senior Wellness Expo attracted a total of 720 participants during the years of 2015-2016 and 2016-2017. The goal of this event is to provide seniors with education and awareness into topics that pertain to their age group. In addition, the expo provides socialization, entertainment and a nutritious meal to the attendees. The hospital staff has been involved with the planning of these events, and many have

made presentations on health related topics. These have included: diabetes nutrition, senior exercise and fitness, sleep quality, bone strength, healthy cooking, MRSA, emergency medicine signs and symptoms, POLST, cancer prevention and treatment, depression/anxiety, grief and loss, and intimacy for seniors. At the end of the event, the seniors are asked to complete a survey which includes a question about the usefulness of the education provided. Sixty-nine percent of the 131 people who responded to the survey rated the information as “Very useful” or “Somewhat useful”.

Diabetes Education:

Lead by the diabetes educator and registered dietician at Clarion Hospital, the diabetes education component of Clarion Hospital has expanded greatly over the last 3 years through individual counseling, classes/support groups, continuous glucose monitoring, health fairs, and the Diabetes Total Care grant funded program through Butler Hospital. The Diabetes Health Fair averages 100 participants each year, while the classes have expanded from quarterly to monthly in 2017-2018. The class and individual sessions grew from 10 participants during 2015-2016 to 202 participants in 2016-2017. Furthermore, A1C values were statistically significant in the 2017 Diabetes Total Care report, showing numbers dropping from 9.03 to 7.28 in “regular diabetic patients” and 9.97 to 8.56 in “high risk patients”.

Health Wise Employee Wellness Program:

Under the direction of Bridget Thornton, Clarion Hospital’s employee wellness program has continued to engage increasing numbers of employees through its classes, programs and other events. In 2016-2017, fitness classes averaged 72 participants per

month while the Lunch and Learn events saw an average of 20 participants bimonthly. The new employee fitness room averaged 3 visits per month and approximately 12 people engaged in the monthly Health Wise punch card program. In addition, 120 employees took part in the annual biometric screening event and close to 400 people joined the Biggest Loser challenges losing over 1,000 pounds as a hospital. The 10,000 Step a Day program engaged 82 employees achieving a total of 17,319,594 steps in 8 weeks. Other nutritional programs offered such as “Color Your Plate”, “Drop 10 in 10”, “Maintain Don’t Gain”, and “Eat Well for Life” averaged 25 participants.

The “Health Wise @ Work” program, under the umbrella of Health Wise, was a newly developed corporate wellness program in 2017. By promoting improved health and productivity, this initiative engages the business and industry sector of the community. In 2017, the hospital worked with 4 companies and had 189 participants in the Health Wise @ Work program.

Multiphasic Blood Screening, Health Fairs, Women’s Expo:

The biannual Multiphasic Blood Screening event at Clarion Hospital reached a great number of people in the community with 1,638 people participating over a 2 year time period (2016-2017). The hospital partners with the Clarion Rotary to put on this event that offers community members an opportunity to receive a blood screening at minimal cost while sharing the results with their family physicians for follow-up care.

The hospital also participated in various health fairs within it’s services area, reaching 870 people with the screenings they offered such as blood pressure, blood glucose and cholesterol. Furthermore, they provide the attendees with educational/awareness information on the various health and wellness services Clarion Hospital has available.

The Women’s Expo is an annual event sponsored by the hospital to offer health and wellness education and services to the female population in the community. At the 2 events in 2016 and 2017, 179 women took part in this program.

4

GOAL 1 – Increase physical activity through the workplace and other wellness/prevention strategies.
Background and Rationale

Our data research continued to support the absence of physical activity among people living within the Clarion Hospital service area. The only way to address these concerns is to get people exercising. We'll start by expanding the wellness program for Clarion Hospital's own employees. In order to reach more of the community at large, we have decided to bring a wellness program into the business/industry sector using the wellness program at the hospital as a template and continue other community outreach programs that the hospital already offers.

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	2015 Year End Status
Add Biometric Screenings for hospital employees.	Speak to other wellness directors and Highmark rep to begin the process.	Bridget Thornton, John Stroup	October-March, 2015	\$7,500	Biometric screening process understood and screening dates scheduled through Highmark	2 Dates Scheduled for hospital employees in 2016
Open an employee fitness center at hospital.	Meet with CEO, CFO to get approval.	Bridget Thornton, John Stroup, Byron Quinton, Vince Lamorella, Ron Lindenpitz	June-October, 2015	\$5,000	Approval secured, equipment obtained, fitness center opened.	Fitness Center opened October, 2015
	Meet with manager of Plant Operations to discuss options.					
	Secure equipment, plan room.					

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	2015 Year End Status
Begin & expand, & promote fitness classes, nutrition programs, and other wellness activities. Employee incentive program included.	Hire fitness class instructors, implement nutrition and physical activity programs, secure Lunch & Learn events and speakers, meet with Highmark rep about program options. Incentives offered for participation.	Bridget Thornton, dietary manager, registered dietician, marketing dept.	January, 2015	\$6,500	Classes and programs scheduled and started. Marketing strategies initiated.	3 weekly fitness classes scheduled, monthly Lunch & Learn events, scheduled, nutrition/weight management programs initiated quarterly

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	2015 Year End Status
Create Worksite Wellness Program: "Health Wise @ Work"	Contact coordinators of worksite wellness programs at other hospitals. Outlined components of program.	Bridget Thornton John Stroup	Sept. – Dec. 2015	\$6,500	Contacts made and information gathered. Met with hospital senior management to gain approval.	New program set. To be implemented in 2016-2107.
Continue Multiphasic Blood Screening Program	Schedule biannual events	John Stroup, Rotary, Marketing Dept.	Currently completing	\$6,000	Track # of participants and physician follow-ups.	In place, improve tracking of participants
	Promote and Market					
	Schedule interested participants.					
	Send results to participants and physicians.					

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	2015 Year End Status
Maintain participation in health fairs and other community wellness events.	Determine community health and wellness events that exist.	Marketing, Wellness Coordinator, Hospital Staff	Current participation	\$7,500	Track number of participants and follow up services that are provided	In place, improve tracking measures of participants
	Schedule participation.					
	Solicit hospital staff to participate and offer services and education.					

GOAL 2 –Educate school-aged children to reduce childhood obesity.
Background and rationale

While the objectives of Goal 1 are being met with the adult population, we will also work with local schools to tackle the obesity issue among children. Since we already complete outreach programs within the schools with the Teddy Bear Clinic, we will adjust the curriculum to focus on the importance of healthy eating and physical activity. When parents are involved in workplace wellness and their children are involved in school-based programs, the combination of activities has the potential to positively impact the overall county.

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	END OF YEAR STATUS 2015
Complete research and add age appropriate nutrition and fitness curriculum to already existing Teddy Bear Clinic.	Meet with Marketing Dept., hospital staff and area school district personnel.	Wellness Coordinator, Marketing Dept., Hospital Staff	Sept. 2015- May, 2016	\$14, 500	Number of student participants, follow-up questionnaire to measure what they learned and behavior change potential.	Schedule set at area schools and program implanted.
	Schedule events at existing schools and expand.					
	Pepeare 20-30 minute “lessons” and “activities” for scheduled clinics.					

GOAL 3 – Improve Diabetes Care Management

Background and rationale

Diabetes continues to be a significant health issue after analyzing both the public health data and secondary health data obtained from our surveys, focus groups, and stakeholder interviews. Furthermore, the hospital employs a Diabetes Educator and Registered Dietician who already offer services to the diabetic population in our community and within the hospital. We will look to expand these services to make a greater impact.

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	END OF YEAR STATUS 2015
Plan and Schedule Diabetes Health Fair	Form a planning committee, set ideas and date, obtain vendors, and keynote speaker. Promote	Gretchen Frye, Mary Obenreder, Marketing Dept., Wellness Coordinator	June- November, 2015	\$2,000	Number of participants, surveys completed regarding event.	Diabetes Health Fair completed November, 2015.
Expand individual diabetes counseling and begin classes.	Created fliers and distributed to area physicians and discharge planners. Sessions/Classes scheduled.	Gretchen Frye, Mary Obenreder, Marketing Dept.	January, 2015-Present	FTE for Diabetes Educator & Registered Dietician	Tracking contacts and participation numbers.	Counseling continued and classes in place for future.

OBJECTIVE	ACTION STEPS	ACCOUNTABILITY	TIMEFRAME	BUDGET	MEASURES	END OF YEAR STATUS 2015
Participate in HRSA Grant and complete “Total Care Program” with Butler Hospital	Set up on-line & telehealth services with physician offices. Comply with requirements of program.	Gretchen Frye, Mary Obenreder	May, 2015 - Present	\$0 (Grant Funded)	Number of participating patients in program. A1C changes measured.	Compliance with all aspects of program